



[www.goodvitality.com](http://www.goodvitality.com)

01293 443244

*Good Vitality is the new name for Commercial Science, dedicated to helping you maintain your good health and vitality*

## Welcome to the June edition of the Good Vitality newsletter!

There has been plenty going on since the last newsletter in February. The Beck's Protocol special edition has proved to be the most popular newsletter yet, with many of you requesting reprints to pass on to your friends and families. In the near future, I am going to be looking at putting the latest newsletters on the Good Vitality website - [www.goodvitality.com](http://www.goodvitality.com) - meaning that you can read them time and again online. I am looking at other features to run in coming newsletters - so keep your eyes open!

In terms of the future of the newsletter, I would really like to hear what you would like to see. You'll find a feedback form on the last page - please fill it in and return it so that I can continue to tailor these pages to what you want to read.

This issue also sees the launch of a very special offer - open only to subscribers of this newsletter - more details are below!

Until the next newsletter, may I wish you all the very best of good health and vitality.

## [www.goodvitality.com](http://www.goodvitality.com)

As many of you may have noticed, there have been some changes to the Good Vitality website - [www.goodvitality.com](http://www.goodvitality.com).

These changes have been carried out to make the site even easier to use, meaning that you can find the goods that you are looking for even more quickly.

If you haven't already seen the website, log on to [www.goodvitality.com](http://www.goodvitality.com) and pass any comments back to the Good Vitality team who would be delighted to hear them!

From Zappers to herbs, the full range of Good Vitality products can be bought online for your shopping convenience.

**Zappers, Clarks, Becks SilverZapper, Ozone Maker, Aura Cleanser Electronics and consumables**  
Good Vitality manufactures and retails a range of electronic systems designed to improve your health. You may also buy the consumables here.

**Colloidal Silver, Makers, Gel and solution**  
Purchase the apparatus for making colloidal silver or buy ready-made colloidal silver gel and solution.

**Vitamins, minerals and herbs**  
Choose the right vitamins, minerals and herbs to help improve your health and vitality.

**iLift Gel - exclusive to Good Vitality 5ml**  
A brand new product launched onto the market, iLift gel has been shown to reduce the

## Avoid insect bites this summer!

For some people, the summer is a miserable period of fly swats, unpleasant fly repellent sprays or nasty, irritating bites. This need not be the case - with Good Vitality's **Insect Repellent Cream!**

Using an ultra-effective blend of aromatherapy oils, this product not only repels the bugs, but also acts as an effective moisturiser. It is devoid of toxic chemicals or harmful substances, so it is completely safe to use on children of any age.

To have a bite-free summer, log onto [www.goodvitality.com](http://www.goodvitality.com)!

2006  
June

## Special Feature - Scutellariae (scutellaria baicalensis)

Scutellariae has been in use in China and Japan for centuries, where its anti-inflammatory, anti-allergic and antioxidant properties have been well noted.

The plant's traditional name of "Golden Root" comes from the fact that it is usually yellow in colour, caused by the high proportion of flavonoids contained within it.

The only contraindication with Scutellariae is that it should not be used by pregnant women - otherwise it is suitable for all. Its applications are as follows:



### A) ANTI-INFLAMMATORY

Although clinical trials are currently lacking, scientific investigation of this Chinese herb suggests a very potent inhibiting effect on inflammatory prostaglandins and leukotrienes (which are approximately 1,000 times more inflammatory than histamine). Experimental research has noted an inflammation-reducing action comparable to non-steroid anti-inflammatory drugs.

### B) ANTI-ALLERGIC

Aside from its influence on inflammatory prostaglandins, the flavonoids present in Scutellariae also appear to exert anti-allergic capabilities due to the inhibition of histamine release from mast cells. In essence, the use of Scutellariae can lessen violent immune reactions - for instance all of the symptoms associated with hay fever and other allergies.

### C) ANTIOXIDANT

Scutellariae flavonoids demonstrate a significant antioxidant capacity - a property which is especially valuable considering the detrimental impact of free radicals on inflammatory processes.



Scutellariae has many different potential applications, including:

- arthritis
- rheumatism
- hayfever
- asthma
- food allergies
- atopic (allergic) eczema
- protection against free radicals

Good Vitality sells Scutellariae through the online shop - [www.goodvitality.co.uk](http://www.goodvitality.co.uk). Priced at just £9.59 for 50 vegicaps, Scutellariae should be a principal part of everyone's defence against a wide variety of ailments.

Scutellariae sold through Good Vitality is suitable for vegetarians and vegans, and the capsules are free from sugar, salt and starch.

Chris says: "This is my favourite herb for combatting hayfever and rhinitus (sneezing) - it consistently shows remarkably fast results."

NB When using this herb, it is most effective when taken two hours after food and then not eating anything else for 30 minutes (despite what it says on the label!).

**Concerned about avian (bird) flu? Log onto**

# Summer Sale... Summer Sale... Summer Sale...

## Exclusive Offer to Good Vitality Customers!

Subscribers to the Good Vitality newsletter can take advantage of a very special summertime promotion - the chance to get a 14v Clark Sweeping Frequency Zapper with Auto timer function with 10% off the RRP!

This Zapper contains a special chip - unique to Good Vitality - which fully automates this product for ease of use. Special features of this unit include:



- Auto diagnostic test: lights all the lamps and beeps to let you know that everything works.
- One second later the computer chip analyses the battery. If it fails the test the red lamp is illuminated and the unit beeps to tell you to change the battery.
- There will be three warning beeps to tell you to pick up the electrodes. The yellow lamp comes on continually while you Zap for 7 minutes.
- A long beep sounds to tell you the Zapping cycle is over. The yellow lamp now flashes for the 21 minute wait period.
- At the end of the Zapping cycles, the yellow lamp extinguishes and the unit will beep periodically to remind you to turn it off.

The sweeping frequency ranges between 10kHz and 100kHz during the cycle. This has been shown to be a highly effective method of Zapping, killing more blood-bourne parasites than a single frequency alone.

The principle behind Clark's Zapper is resonance. Theoretically by exposing micro organisms to its resonant frequency you will make them burst. A good example is a wine glass, when you rub your finger around the edge it resonates, by playing this sound back to the wine glass with a powerful sound system you will make it shatter. This principle was discovered by Hulda Clark herself who claims it will kill bacteria, mould, yeast and parasites.

The electrodes of the Clark Zapper are tubes which are held in the hands. There is no control on the Zapper, just switch on and hold on to the tubes. There is usually little sensation when using this Zapper although some people report a slight warming of the hands.

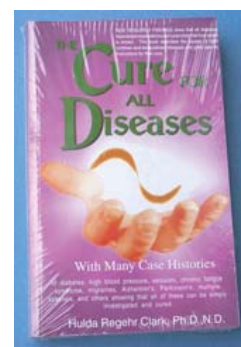
To be eligible for this very special time limited offer, Good Vitality subscribers should enter the following code when buying a 14v Clarks Sweeping Frequency Zapper

**ACSF14V.**

This code is only valid on the Good Vitality website - [www.goodvitality.co.uk](http://www.goodvitality.co.uk) - and will entitle you to 10% off the recommended retail price. It is an internet only offer and can not be applied to telephone sales.

However, hurry because this summertime offer is only available until 31 July!

Customers can also purchase biotabs and other peripherals on the website. Biotabs allow the user to attach the Zapper electrodes to any part of their body for targeting Zapping. Copper electrodes are also available, as is Hulda Clark's 'The Cure for all diseases' (priced £15.45).



**[www.comsci.org.uk](http://www.comsci.org.uk) for information and updates on the situation!**

## Your say... Customers feedback on their Good Vitality products and purchases.

Mrs E writes:

'Chris, I was amazed to see how easy it was to make my own Golden Colloidal Silver using my Becks Zapper.

'It's so quick and easy - plus I can make as much or as little as I need at any one time - and there is never any danger of running out!'



Mrs E was using the Becks machine that she bought from Good Vitality. Priced at £100.50 from the Good Vitality website, it puts out 37v (as opposed to other units on the market which may only put out 27v), ensuring that the Zapper kills bacteria and blood borne organisms efficiently, effectively and in the shortest possible time.

Full information on the Becks Zapper/Silver Maker is available on [www.goodvitality.com](http://www.goodvitality.com)

Mr C bought his Ozonator through Good Vitality some months ago and has been drinking half a pint of freshly Ozonated water twice a day.

He says:

'I was amazed at the difference I felt almost immediately. Within a few days of starting my Ozonated water regime, I noticed that my energy levels were picking up substantially. Whereas I had been feeling tired and run down before, I suddenly felt myself picked up and reinvigorated. Now, I rarely feel tired, can undertake more strenuous exercise and generally feel better about things. 'And this isn't from a 'died-in-the-wool' alternative health believer - I've always been quite sceptical. Thank goodness my wife put me onto this product!'



Mr C's story is not unusual. Many people have reported rapid improvements in their vitality levels after taking Ozonated water for a few days. With continued use, customers report that they consistently feel better and can do much more than they used to.

The Ozonator is available from [www.goodvitality.com](http://www.goodvitality.com) for £95.00

### Your feedback counts!

To help us continually improve this newsletter and the Good Vitality website, it is important to hear feedback from our customers. Please fill in the form below to let us know what you think of the Good Vitality service to you.

Have you bought products from [www.goodvitality.com](http://www.goodvitality.com)? .....

If so, did you find the website easy to use/ .....

Are there any improvements that should be made? .....

Do you keep these newsletters for future reference? .....

Are there any particular subjects that you would like to see covered? .....

.....

Alternatively, you can email your feedback to [info@goodvitality.com](mailto:info@goodvitality.com)