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**Arnica cream**

Arnica Montana

For Bruises, Sprains and Muscle pain, Improves the local blood supply, and Accelerates healing.

Odourless, very light brown cream, easily absorbed.

Apply: Every few hours

Contains: Arnica Montana plus base cream\*  
60 ml code 5504

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**Calendula cream**

Asteraceae - Pot Marigold

For Rough skin, Cuts and grazes Acne, Athlete's foot and Thrush

Breast tenderness and sore nipples

Nappy rash and Inflamed skin rashes, Bites and stings, Nettle rash, Wounds and Bruises.

Odourless, light yellow cream, easily absorbed.

Apply: Every few hours

Contains: Calendula officinalis plus base cream\*

60 ml code 5502



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**Colloidal Silver gel**

For Acne, Athletes foot, Impetigo

Small protozoa like Giardia, Mouth ulcers, Infections.

Odourless, light yellow coloured gel, easily absorbed.

Apply: Very frequently

Contains: High grade Colloidal Silver in excess of 10 ppm plus plant gelling agent.

30 ml code 5130 60ml code 5140

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**Comfrey cream**

Boraginaceae - Comfrey or

Knitbone

For Bruising, Fractures, Broken

bones, Sprained ankles, Fissures and itchy anus, Acne, Boils, Stiff and aching joints, Fungal skin infections



Odourless, light cream, easily absorbed

Apply: Three times a day

Contains: Symphytum officinale plus base cream\*  
60 ml code 5528

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**CoQ-10 & Vitamin E hand & body rejuvenation cream**

For skin Repair and Rejuvenation, and also useful for helping with Dry chapped skin.

Non-fragranced - suitable for men or women. Light yellow, long lasting cream

Apply: Twice daily especially around the eyes

Contains: CoQ-10, vitamin E plus base cream\*  
60ml code 5540

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**D101 cream Anti-ageing collagen repair**

This cream really does reverse the signs of ageing in young and older skin types.

**Includes information leaflet on D101**

Light pink cream smelling of geranium and lavender, easily absorbed.

Apply: Daily with Parafilm for greater effect

Contains: plant extracts plus base cream\*  
30 ml code 5221 60 ml code 5222

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**Dolichos cream**

For Itchy skin, where there is NO rash.

Odourless, white coloured cream, easily absorbed.

Apply: Every two hours

Contains: Dolichos lablab plus base cream\*  
60 ml code 5525

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**GLA cream**

Gamma Linolenic Acid GLA cream

**Fantastic** results for most sufferers of Psoriasis and Eczema

*It is beneficial to take GLA supplements at the same time*

Apply: As needed as much as you like

Contains: Borage seed oil plus base cream\*  
60 ml code 5518

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**Graphites 6x cream**

For Wet eczema (a honey like discharge comes from the eczema), Dry skin, Hard, thick, brittle nails, Scar tissue.

Odourless, white cream, easily absorbed.

Apply: Four times a day

Contains: Graphites plus base cream\*  
60 ml code 5516

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**Lavender & vitamin E hand cream**

For enriching and repairing dry skin and especially good for winter hands and dry faces.

Very fragrant, white cream easily absorbed.

Apply: As required.

60ml code 5550



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**Hypercal cream**

Calendula Officinalis &amp; Hypericum perforatum

For Healing wounds rapidly and Burns

**It is important that there is no dirt in the wound as it could be sealed in during the healing process**

Odourless, light yellow cream, easily absorbed.

Apply: Four times a day

Contains: Hypericum, Calendula plus base cream\*

60 ml code 5506



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**Insect Repellent cream**

**POISON FREE**—No toxic chemicals

Pleasant smelling cream, safe for adults and children. It works using



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an ultra effective combination of aromatherapy oils.

Pleasant smelling, white cream, easily absorbed.

Apply: Frequently to exposed skin

Contains: citronella oil, Geranium oil, lavender oil plus base cream\*

60 ml code 5530

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### Rhus Tox 6x cream

For Itchy rashes often starting with tiny blisters, Rheumatic joints and tissues, Heat rash.

Odourless, white cream, easily absorbed.

Apply: Four times a day

Contains: Rhus Tox plus base cream\*

60 ml code 5514

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### Sleepy cream

Helps you relax and get a restful good night's sleep using natural aromatherapy oils.

Apply: Before bed time on face

Contains: Aromatherapy oils plus base cream\*

60 ml code 5535

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### Stellaria cream

Chickweed

For Itching skin, Varicose ulcers, Nettle rash, Nappy rash,

Odourless, white cream, easily absorbed.

Apply: As needed

Contains: Stellaria Media plus base cream\*

60 ml code 5511

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### Tea Tree cream

Melaleuca Alternifolia -Myrtaceae

For Athletes foot, Ringworm, Acne and boils, Vaginal infections.

Tea tree should be regarded as a

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disinfecting-type cream. Healing a clean wound is best done with Calendula.

A white cream, scented with tea tree, easily absorbed.

Apply: Four times a day

Contains: Tea tree oil plus base cream\*

60 ml code 5520

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### Witch Hazel cream

Hamamelidaceae - Witch Hazel

For Haemorrhoids, Eczema, Varicose veins, Bruising, Prevents broken skin becoming infected.

Odourless, cream in colour, easily absorbed.

Apply: Four times a day or after bowel movements (For haemorrhoids)

Contains: Hamamelidaceae plus base cream\*

60 ml code 5509

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\*Base Cream contains: Aqua (water), Butyrospermum parkii (shea nut butter), Glycine soja (Soybean), Stearic acid (from shea butter), Glyceryl stearate (from glycerine), Cetyl Alcohol (from Coconut oil), Triethanolamine (emulsifier and surfactant), Cera alba (white bees wax), Phenoxyethanol Methyltribromo Glutaronitrile (preservatives)

**All ingredients are organic where ever possible.**

For prices and to purchase these creams go to

[www.goodvitality.com](http://www.goodvitality.com)

and search for the code

For more technical information go to

[www.comsci.org](http://www.comsci.org)

# goodvitality

By Commercial Science

## Health Creams

Hand made health creams that are typically **5 times** stronger than you can buy in the shops.

[www.GoodVitality.com](http://www.GoodVitality.com)

11 Hylands Close  
Crawley

West Sussex  
RH10 6RX  
England

Tel 01293 446244

Email [Sales@GoodVitality.com](mailto:Sales@GoodVitality.com)