



www.goodvitality.com

01293 446244

Good Vitality is the new name for Commercial Science, dedicated to helping you maintain your good health and vitality

Welcome to the first newsletter of 2007!

With many of us having made a New Year's resolution to get healthy - and stay that way - Good Vitality has everything that you need to help you keep that resolution whole! And, even if you've broken it already, there's no time like the present to get back to rebuilding your own health and well being! Check out our website - www.goodvitality.com - for all of your health needs!

In this newsletter, we'll be looking at the bird flu issue (which hasn't gone away), the health-giving properties of CoQ10 and talking about the amazing effects of Ozone.

Some of you have got wind of our skin trial, using activated CoQ10 and already want to purchase the product. Due to production costs, we're currently having to charge £50 per 20ml syringe. Call for further information!

Until the next time, all best wishes from the Good Vitality team!

Bird Flu - the threat is still out there!

Bird Flu has infected 267 people and killed 161 since 2003 and although reports in the media seem to have died down, the threat is still very much out there.

An Indonesian health official lights a fire to burn poultry as villagers watch in the area where a 14-year-old boy died of bird flu on the outskirts of Jakarta, Indonesia. Bird flu has killed again in Indonesia and is picking up speed elsewhere in Asia, with fresh outbreaks in Vietnam and a new human case reported in China and the World Health Organisation Chief is warning that the Bird Flu threat has not gone away.

The new director-general of the WHO, Margaret Chan, warns the threat of an influenza pandemic has not receded. She urges countries around the world to prepare for a pandemic that has the potential to kill millions.



Good Vitality's Beck's Silver Zapper and Colloidal Silver Maker has the potential to stop any Bird Flu infections in their tracks. The Zapper damages the cell walls of any foreign organisms in the blood, compromising their ability to infect you..

Chris says: "I have a Beck's Silver Zapper at home, as soon as human cross over occurs I will be Zapping every day and taking copious amounts of Colloidal Silver".

The Beck's Zapper is easy to use and has been featured in recent editions of this newsletter. Available from www.comsci.org.uk, the Beck's Zapper should feature as a front line defence for any of you concerned about the spread of Bird Flu.

Log onto the website or call 01293 446244 for further information.

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STOP PRESS THIS FEATURE WAS WRITTEN BEFORE THE UK OUTBREAK, FOR OUR LATEST IDEAS ON THIS SUBJECT PLEASE WATCH OUR WEB SITE WWW.COMSCI.ORG.UK

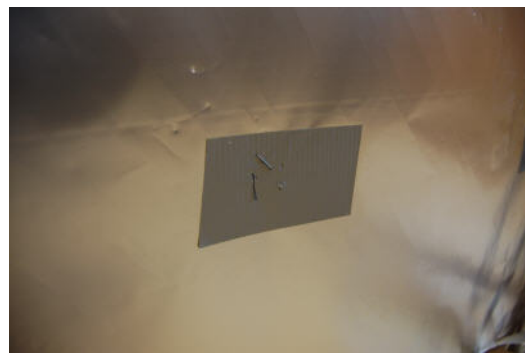
Aura Cleanser Reports

Following the last edition of the Good Vitality newsletter, we have started to receive a number of reports back on the success of the Aura Cleanser - but we would still like more!

It appears that many therapists are using the Aura cleanser on shorter time intervals (1 mins and 5 mins). Usually their therapy bench has a metal sheet beneath which works during their treatment, which further enhances any detoxing treatments. One therapist has simply stapled kitchen foil to the bottom of her treatment table. To keep the foil in place she put patches of duct tape on the foil and then stapled through them, as in the picture below.

Other therapists have created a top screen by simply placing the foil screen in a duvet cover, this stops it shorting out on the bottom below the patient.

This is a highly effective method of increasing the efficiency of using the Aura Cleanser for the benefit of the patient.



A few reports from customers.

- My **Arthritis** has now almost completely gone - it's miraculous! If you'd seen me 2 months ago I could barely walk. I do follow the complete protocol, but found that Ester C was much easier on my stomach than vitamin C crystals.
- I was badly constipated, and I do mean **constipated**, going once a week usually after a lot of laxative. I started using my Aura Cleanser and within one week I was going every day. A relief to say the least!
- I find it hard to believe, but my **hair** has started growing on my head could this be down to the Aura Cleanser! When asked if there could be any other explanation, the customer told us that the only thing that he'd been doing differently everyday was using the Aura Cleaner!
- My **skin** has got much better, I was suffering with a mild kind of **acne**, but now my skin is beautifully clear after using the Aura Cleanser Protocol for just one month.

The Aura Cleanser and all the consumables are available from www.goodvitality.com

Co Q10 and gum disease - a patient's story

One of our male 50 year old patients had been told by his dentist for 5 years that he had bad gum disease in the molar region of both jaws and that he must floss every day, using Cortisol mouth wash when it got bad i.e. bleeding when scrubbing.

This chap was very compliant and did just what the dentist told him. But despite this his gum disease was steadily getting worse and his gum disease scores were increasing.

This patient came to see me about his raised blood pressure as he did not want to go on conventional medicine. I put him on 2 doses of Co enzyme Q10 30 mg, as well as giving him some dietary advice and exercise suggestions. At this point he had not mentioned his gum disease to me.

Two months later, he had the yearly appointment with his dentist who was astounded to see that the patient's gum disease had all but disappeared! The dentist had never seen this happen before, and the affected parts of the gums had recovered to the point where they had actually grown back up against his teeth.

When the patient came back to tell me this, I told him I was not surprised to hear this story. About 5 years ago, I cured a case of trench mouth which dentists had worked on for 2 years, in just 30 days on Co Q10.(even though the dentists had got special funding for advanced treatments on the NHS)

As with any therapeutic supplement, there is always a word of caution about quality.



One of my M.E. patients had been using 3 doses of Co Q10 per day to give him enough energy to do his job. He thought it was working out expensive buying Solgar's CoQ10, (even though we gave him 10% off) so he bought a massive job lot from a well known high street retailer, which worked out to be about half of the price of the Solgar product. However, when he started taking 3 doses of it, he saw no effect, so he doubled the dose to 6 doses - and still saw no benefit. He went back on to his Solgar Capsules and was immediately re-energised. He had wasted nearly £70 on a massive quantity of ineffective low quality capsules.

sules.

Our Solgar CoQ10 30 Vegetable capsules contain 30mg of active ingredient and cost £11.45. You can buy online from www.goodvitality.com, call into the clinic or give us a ring on 01293 446244.

Save the planet - get your newsletter emailed!

There is the saying that every little helps - and by opting to have your newsletter emailed to you rather than postage, you'll be helping to save the planet in many different ways.

To get your newsletter electronically, please send an email to Info@goodvitality.com from the account you wish to have the newsletter emailed to, and include the word "NEWSLETTER" in the subject line of the email.

Depending on your home computer set-up, you may need to instruct your anti-spam filter to accept all emails from us. To do this, ensure that your filtering system does not check any email from the following addresses:

Info@goodvitality.com; chyslop@comsci.org.uk

Ozone - helpful application hints!

Ozone has a wonderful smell, but in larger amounts will irritate the lungs, so use it carefully and if in doubt do this outdoors.

For skin infections (like ulcers), enclose the area carefully with a sealed polythene bag, or tape a piece of polythene to the area – be careful not to hurt the patient! Then inflate the polythene with Ozone from your ozonator. You don't need to inflate it like a balloon, just a little gas will do. The ozone will kill off invasive organisms and stimulate the skin.



Ozone can also be used in this way to treat fungating cancer (cancer breaking through the skin).

If you have any reports about your ozonator and its application we would love to hear about them - email them to info@goodvitality.com or send us a letter!

Your say!

This is your opportunity to tell us about the successes you've had using Good Vitality products. In this issue, we hear from patients using Rhodiola.



Dear Chris: *"I can not thank you enough for telling me about Rhodiola, It has greatly relieved my depression. Also my sex life has taken a bit of a lift (no pun intended). My wife is chuffed to bits!"*

Dear Chris: *"I found it difficult to believe that you told me my memory would improve and it would help me in my forthcoming accountancy exams. However not only did my memory improve but I felt my stress levels go down almost immediately!"*

When bought from Good Vitality, 60 vegicaps of Rhodiola Standardised Herb costs £16.15.

Remember to get the full benefit from Rhodiola take it away from food - 2 hours after eating.

Beck's Training Day Update!

There are still places on the Beck's Training Day, which is being held on 14th April at the Holiday Inn Express, Crawley. (NOT THE HOLIDAY INN GATWICK).

For more information go to www.comsci.org.uk, or call us (01293 446244) and we will send you details. You can buy a place on www.goodvitality.com

There is a possibility that the day may be recorded on video!